

# betano blaze

The shoulder roll is by far the most complicated movement in all of Parkour. It's extremely difficult to learn properly and will likely take years of practice to perfect.

[8 Categories of Parkour Movement - Fight or Flight Academy](#) : 2024/10/22 : 8-categories-of-parkour-movem...

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So, let's get into our list of the best Roblox parkour games.

Barry's Prison Run.

Parkour.

Tower of Hell.

Be A Parkour Ninja.

Parkour Run.

Escape Running Head.

Chill Obby.

Omega Obby.